

SPA^{at}RG

FACIALS

Signature Facial

The facial for beautiful skin and ultimate relaxation - incorporating cleansing and steam with extractions or enzyme exfoliation, high frequency treatment, hydrating mask, and finishing products

Essential Facial

Our core facial for deep cleansing and exfoliation - leaving your skin with a renewed appearance - incorporating double cleansing and steam to prepare for a gentle chemical exfoliation

Anti-Aging Facial

Targets aging skin and includes deep cleansing, exfoliation, and products specifically aimed to brighten the complexion

Dermaplane Facial

A clarifying experience with deep cleansing, followed by dermaplaning to remove dead skin and fine hairs, high frequency treatment, and a customized mask, leaving your skin smooth and glowing

Clarifying Facial

Aimed to target problem areas and deeply cleanse acne-prone skin - cleansing, exfoliation and extractions, high frequency treatment, and finishing products

Back Facial

A treatment targeted to clarify the back - including cleansing, exfoliation, extractions, high frequency treatment, and a mask specific for the back, followed by moisturizer

Express Facial

Just the essentials to keep your skin looking fresh - cleansing, exfoliation, and a hydrating mask

ADD-ONS

Dermaplane
Chemical Peel

WAXING

Brow
Cheek
Lip
Chin
Nose
Ears
Full Face

Chest
Stomach
Back
Underarms
Arms
Half Arm
Hands

Full Leg
Lower Leg
Feet
Bikini
French Bikini
Brazilian Bikini

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MASSAGE

Customized Massage

Indulge in a massage designed specifically for you. Our Customized Massage is a personalized treatment tailored to your individual needs, preferences, and goals. Whether you're seeking gentle relaxation or targeted therapy, your massage therapist will blend massage techniques to create the perfect session. Assisted stretching can be added to help release tight muscles and improve range of motion.

Deep Tissue Massage

Our Deep Tissue Massage uses firm pressure to reach the deeper layers of muscle and connective tissue to target muscle tension and pain. This therapeutic treatment focuses on overworked/stressed body areas, often caused by poor posture, physical activity or injury.

Prenatal Massage

Nurture yourself and your amazing body with our soothing prenatal massage, designed to support the unique needs of expectant mothers. Care is taken to support your body for comfort and safety, and treatment focuses on common pregnancy discomforts such as low back pain, leg swelling, joint pain, and fatigue.

Targeted Massage by Area

- Hand/Foot
- Neck/Scalp/Shoulder
- Scalp/Foot
- Face

MANUAL LYMPHATIC DRAINAGE MASSAGE

General Wellness / Pre-operative

Massage technique used to reduce swelling and improve fluid circulation by moving excess lymphatic fluid away from swollen areas toward lymph nodes

Post-operative

Massage technique used to manage post-surgical swelling to reduce discomfort and promote healing

BODY TREATMENTS

Hydrating Body Treatment

Micro-buff body polish with your choice of essential oil, followed by a hydrating wrap - perfect to exfoliate and hydrate your skin while relaxing your nervous system

Clarifying Body Treatment

Himalayan crystal salt scrub with your choice of essential oil, followed by lightweight gemstone clay body mask - the ideal treatment to remove dead skin through manual exfoliation and to energize and detoxify

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NEUROTOXIN

Botox®
Dysport®

DERMAL FILLER

Juvéderm® Collection
Restylane® Collection

CHEMICAL PEEL

VI Advanced®

Combat signs of aging - soften fine lines and wrinkles, improve cell turnover, and stimulate collagen production

Peeling occurs on days 3-5 post-peel on average

All skin types and Fitzpatrick I-VI

VI Precision Plus®

Target skin discoloration - reduces dark spots and increases cell turnover

Peeling occurs on days 3-5 post-peel on average

All skin types and Fitzpatrick I-VI

Advanced Corrective®

A blend of clinical-grade acids and phenylethyl resorcinol that improves discoloration and evens skin tone and texture

Expect 5-7 days of downtime (redness/peeling)

All skin types and Fitzpatrick I-V

Smart TCA®

Effectively exfoliate dead, dry cells and improve signs of aging - improves fine lines and wrinkles, fades discoloration and hyperpigmentation

Expect 5-7 days of downtime (redness/peeling)

All skin types and Fitzpatrick I-VI

MicroPeel Sensitive®

Glycolic, phytic, and lactic acid with sage extract

Accelerates cellular turnover, decongests pores, and hydrates skin

Minimal downtime

All skin types and Fitzpatrick I-VI

MICRONEEDLING

SkinPen® Microneedling

A minimally invasive treatment to improve facial/neck wrinkles and texture (i.e. acne scars, large pores) with little downtime

Best in series of 3-4 treatments, spaced 4-6 weeks apart

Face/Neck

Chest add-on

Post-surgical scar

Skin enhancements

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LASER TREATMENTS

HALO TRIBRID

The world's first triple wavelength fractional resurfacing technology designed for total skin revitalization. This laser allows for a fully customizable treatment. In using three different wavelengths, it simultaneously targets surface-level imperfections and deep structural aging. HALO TRIBRID effectively addresses pigment, texture, aging signs, scars and sets the stage for long-term skin improvement.

Downtime - Varies, typically 1-2 weeks

MOXI

Gentle, non-ablative laser treatment that stimulates collagen production and cellular renewal to correct pigmentation, smooth texture, and reduce early signs of aging. This treatment delivers a radiant complexion with minimal downtime. Can be done in a series for optimal results.

Downtime - 1 week

Contour TRL

Customizable laser peel that removes the outermost layers of aged or damaged skin. This treatment works to promote cellular regeneration and stimulate new collagen production. With this specific laser, there are different options ranging from a light refresh to a deep resurfacing.

Downtime - Varies

NanoLaserPeel

Great laser option if looking for a skin refresh with little downtime. This laser treatment will create a glowy appearance to the skin, perfect for an upcoming event or quick turn-around.

Downtime - 1 week

MicroLaserPeel

Targets deeper skin, addressing shallow wrinkles, pigment, and texture. This offers a more drastic result in overall skin quality.

Downtime - Varies, typically 2 weeks or more

ProFractional

Minimally invasive resurfacing treatment that creates thousands of microscopic channels in the skin. This stimulates the body's natural healing process, forcing skin to produce new collagen and elastin. This is a highly effective option for treating acne scars, surgical scars, and deep wrinkles. When used for scar treatment, we recommend a series of 3 or more treatments.

Downtime - 1 week